



## The Medicine Cabinet

1. **Recipe For Men** Deep hydrating daily cream that helps defend your skin from the hazards of immediate and long-term sun exposure. Contains ginger extract, ginger and Aloe Vera. 75ml £22 Exclusive to The G.Room, Cambridge Street, London. Call 020 7734 5994. [www.theg-room.com](http://www.theg-room.com).  
 2. **Mitchum Anti-perspirant Deodorant For Men** 48 Hour protection now available with a new advanced spray system to minimise white marks. RRP £2.49, contact 0800 085 2716. 3. **PFB Vanish** quick, obvious results for ingrown hairs, razor bumps or spots and pimples, with the PFB Mini for use in the shower. Visit [www.salonlines.co.uk](http://www.salonlines.co.uk) or call 0870 027 3350. 4 & 9. **Paul Mitchell Tea Tree Special Shampoo** an invigorating cleanser which tingles, cleans and refreshes. RRP £9.90 300ml. New **Paul Mitchell Tea Tree Shaping Cream** for bendable texture and hold with a matte finish. RRP £10.95 100g. Both available in selected salons, stockist enquiries tel 01296 390590. 5. **Lynx Kick** start the night the night ahead with Lynx Boost, with stimulating Guava and volcanic ash to stir your body and arouse your senses. Lynx Boost 250ml, RRP £2.19. 6. **Amazing Nails** Organic nail drops from [www.amazingnails4guitarists.com](http://www.amazingnails4guitarists.com). Combinations of omega 3/vitamin oils will rebuild and strengthen nails. Ideal for bitten, weak nails (£12.50/10ml) call helpline 01323 471 617. 7. **Eraser Wax** for dermabrasion from Moxie for men will remove unwanted dead skin cells and smooth the surface of your skin. Loaded with REGENERATE and VITAMIN E, which will deliver positive results for a man's skin. RRP £54. Call 01634 385886 or visit [www.poshgeezzer.com](http://www.poshgeezzer.com). 8. The Godfather of Waxes, **Black & White** hair wax have styled decades of hair. From quiffs to Afros, beehives to bobs these products have supplied a helping hand along the way. Black and White available in Asda, Boots, Superdrug and selected hair salons across the UK 10. **Actimint** friendly bacteria probiotic mints, helps you to digest and feel better. Available from Superdrug. [www.actimint.com](http://www.actimint.com) 020 7460 8101. 11. **Berocca** has a high dose formulation of B & C vitamins and other essential nutrients to help you stay on top of your hectic and physically demanding lifestyle. Berocca effervescent tablets 15s priced £4.89. Visit [www.berocca.com](http://www.berocca.com). 12. **IRI Clear Complexion** Contains natural, active herbs that could help treat your skin from within, keeping it free from spots, acne and other skin disorders. Available from Boots, Superdrug, Tesco, Asda, Holland and Barretts, Sainsbury's, health shops and pharmacies nationwide.

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